



Wellness Wednesday's Zumba

**Remember to
Wear Loose
Clothing and
Comfortable
Shoes!**

Date	Location	Time
June 4	Zion Church 400 E. Lexington St. Baltimore, MD 21202	12:00-1:00 p.m.
June 11	Baltimore City Health Department 1001 E. Fayette St., Cafeteria Baltimore, MD 21202	4:45-5:45 p.m.
June 18	Zion Church 400 E. Lexington St. Baltimore, MD 21202	12:00-1:00 p.m.
June 25	Zion Church 400 E. Lexington St. Baltimore, MD 21202	4:45-5:45 p.m.

**Be Sure to
Register Early!!
Attending City
Employees
May Bring One
Family Mem-
ber/Guest.**

Sponsored by United Healthcare

Featuring New Giveaways for ALL Participants in Wellness Activities

To register, please log onto our wellness registration website: www.cityofbaltimorewellness.com

For more information please contact

Lisa Evans: wellness@baltimorecity.gov or (410)-396-3872 OR TTY 711 Maryland)

